

Play Therapy Supervision Intensive: Nurturing Growth, Cultivating Wisdom

Duration: 3.5 Days

Description:

Embark on a transformative 3.5-day journey at our Play Therapy Supervision Intensive, a comprehensive workshop designed for mental health professionals committed to advancing their skills in supervising play therapists. Delve into the intricacies of cultural humility and social justice, ethical best practices, neuroscience applications, transference and countertransference dynamics, models of clinical supervision, building a robust supervisory relationship, group supervision dynamics, playful supervision strategies, immersive experientials, and essential self-care practices. The workshop culminates in three post-course sessions dedicated to consolidation and ongoing support, ensuring sustained growth and resilience in your supervisory practice.

Key Workshop Components:

Cultural Humility & Social Justice:

- Explore the principles of cultural humility and social justice in play therapy supervision.
- Examine the intersectionality of cultural competence and ethical considerations.
- Develop strategies for integrating social justice principles into the supervisory process.

Ethical Best Practices:

- Navigate the ethical landscape of play therapy supervision.
- Address challenging ethical dilemmas through case studies and practical scenarios.
- Foster an environment of ethical awareness and decision-making.

Neuroscience in Supervision:

- Uncover the neurobiological foundations influencing the play therapy supervisory relationship.

- Apply neuroscience insights to enhance emotional regulation in both supervisors and supervisees.
- Integrate neuroscientific principles into supervision for more informed decision-making.

Transference and Countertransference Dynamics:

- Define and differentiate transference and countertransference in play therapy supervision.
- Explore the impact of these dynamics on professional development and client outcomes.

Models of Clinical Supervision:

- Survey diverse models of clinical supervision and their application to play therapy.
- Select and implement supervision models based on individual supervisee needs.
- Integrate theoretical models into the practical aspects of play therapy supervision.

Supervisory Relationship Dynamics:

- Investigate the dynamics of the supervisory relationship and its influence on growth.
- Develop advanced communication skills to build and sustain a dynamic supervisory alliance.
- Address challenges within the supervisory relationship to foster a collaborative environment.

Group Supervision Dynamics:

- Understand the benefits and challenges of group supervision.
- Participate in experiential group supervision exercises and discussions.
- Develop skills in managing group dynamics and facilitating productive discussions.

Playful Supervision Strategies:

- Explore innovative and playful supervision strategies within the play therapy context.
- Incorporate creative techniques to enhance supervision effectiveness.
- Apply playful approaches to deepen self-awareness and enrich the supervisory experience.

Supervision Experientials:

- Engage in hands-on experiential activities to apply theoretical concepts.
- Practise live supervision, case reviews, and receive real-time feedback.
- Enhance your skills through role-plays and simulated supervision sessions.

Self-Care & Burnout Prevention:

- Recognize signs of burnout and vicarious trauma in supervision.
- Develop personalised self-care plans to maintain professional well-being.
- Explore strategies to promote resilience and prevent burnout for both supervisors and supervisees.

Post-Course Consolidation & Support (3 Sessions):

- Reflect on workshop content and its application to your professional practice.
- Participate in guided consolidation sessions to reinforce key concepts.
- Receive ongoing support and guidance, addressing questions or challenges post-training.

Join us for this immersive Play Therapy Supervision Intensive, where theory meets practice in a supportive and interactive learning environment. Ideal for licensed mental health professionals, counselors, psychologists, and play therapists committed to elevating their supervisory skills. Secure your spot to cultivate wisdom, foster growth, and enrich your play therapy supervisory practice.