

Promotional Materials: Play Therapy Workshop 5: The Family System

APT CREDITS WILL ONLY BE APPLICABLE FOR MENTAL HEALTH PROFESSIONALS. PLEASE PROVIDE YOUR MENTAL HEALTH CERTIFICATE.

Queensland Institute of Play Therapy is an approved provider by the Australian Association for Play Therapy to offer continuing education specific to Play Therapy. We actively work with presenters that are able to offer their expertise and present play therapy methodology and techniques through our training center.

QIPT maintains responsibility for the program. As an approved provider through the Australian Association for Play Therapy to provide continuing education, the following information is required for documentation. Please complete the form and return along with your resume/CV to Sarah Harwood at hello@qipt.com.au

WORKSHOP DATE: 18th-21st November 2024

WORKSHOP TIME: 9am - 4:30pm. Lunch: 12:30pm-1:15pm. Afternoon Break: 3:00pm-3:15pm

WORKSHOP LOCATION: QIPT, 31, Lancaster Street, Coorparoo, 4151

WORKSHOP LEVEL (Beginner, Intermediate or Advanced): Beginner

WORKSHOP LENGTH: 4 days

This training is approved by APT Approved Provider 23-709 for 24 CE Hours

PRIMARY AREA(S) OF WORKSHOP:

- Filial Play Therapy
- Family Play Therapy
- Siblings in Play Therapy
- Teens in Play Therapy
- Play Therapy Supervision
- Termination in Play Therapy

CONTENT DESCRIPTION: Welcome to our immersive workshop on “The family System in Play Therapy. Unlock the transformative power of play therapy in this immersive workshop designed to deepen your understanding and refine your skills across various dimensions of therapeutic play. Led by experienced practitioners, this comprehensive training will cover a range of play therapy techniques and interventions, focusing on key aspects including Filial Play Therapy, Family Play Therapy, Siblings in Play Therapy, Teens in Play Therapy, Play Therapy Supervision, and Termination in Play Therapy.

Filial Play Therapy:

Delve into the world of Filial Play Therapy, an innovative approach that bridges the gap between children and their families. Learn how to empower parents to become active

agents in their child's therapeutic journey, fostering stronger connections and facilitating positive change within the family dynamic.

Family Play Therapy:

Explore the dynamics of family play therapy, where the therapeutic process extends to involve the entire family unit. Gain insights into techniques that promote communication, understanding, and cohesion within families, as well as strategies to navigate and address family-specific challenges.

Siblings in Play Therapy:

Uncover the unique dynamics of sibling relationships in the context of play therapy. Discover effective methods to address sibling conflicts, enhance communication, and promote cooperation, fostering a supportive environment for individual growth and family harmony.

Teens in Play Therapy:

Navigate the complexities of working with adolescents through play therapy. Explore age-appropriate play interventions and creative approaches to engage teens, fostering self-expression, emotional regulation, and healthy communication.

Play Therapy Supervision:

Delve into the crucial role of supervision in play therapy practice. Acquire tools and skills to enhance your supervisory role, whether you are a seasoned supervisor or new to the supervisory process. Learn how to support play therapists in their professional growth while ensuring ethical and effective practice.

Termination in Play Therapy:

Understand the significance of termination in the play therapy process. Explore ethical considerations, effective closure techniques, and ways to facilitate a smooth transition for both the therapist and the client, ensuring a positive and lasting impact.

Join us for this enriching workshop where theory, experiential learning, and practical strategies converge, providing you with a comprehensive toolkit to elevate your play therapy practice. Whether you're a seasoned therapist or just starting on your play therapy journey, this workshop promises to deepen your skills and broaden your therapeutic repertoire.

Learning Objectives

- Describe the 7 key aspects that make up The Filial Therapy Model
- Describe the Filial Therapy Methodology & other method adaptations
- Explain the commonalities and differences between individual vs group formats, rationale for inclusion/exclusion of children, rationale for inclusion/exclusion of parents
- Identify at least 3 child/family problems for which Filial Therapy is useful and why
- List the five major therapeutic goals of Filial Family Play Therapy (Filial Therapy)
- Describe what happens at each stage of the Filial Therapy process
- Identify the 4 core play therapy CCPT skills taught to parents
- List the six major underlying principles and attitudes needed for success in training parents during the Filial Therapy process
- Identify the different roles that the therapist plays during the Filial Therapy process

- Describe the 6-step parent feedback process used in supervising parents' play sessions with their own children
- Discuss the 4-level hierarchy of supervisory issues that is used to prioritize what feedback to give to parent's after demonstration play sessions
- Describe at least 2 benefits that Filial Therapy might have over both individual play therapy and more traditional parenting skills programs and therapy
- Explain how Filial Therapy applies to diverse clients and cultures
- Identify and apply family-centered play therapy techniques to enhance communication and connection within family units.
- Demonstrate the ability to design and implement family play therapy interventions tailored to the unique needs of diverse family structures.
- Identify and analyze the dynamics of sibling relationships within the context of play therapy.
- List strategies for involving and engaging siblings in the therapeutic process.
- Explain the unique developmental needs and challenges of adolescents in play therapy.
- Describe age-appropriate play therapy techniques to facilitate emotional expression, regulation, and communication with teenagers.
- Apply play therapy interventions to resonate with the diverse interests and preferences of adolescents.
- Identify the essential principles of effective play therapy supervision.
- Explain the supervisory relationship with cultural sensitivity, ensuring a supportive and collaborative learning environment.
- Describe the significance of the termination phase in the play therapy process.
- List strategies for facilitating a smooth and positive termination experience for clients of various ages.
- Identifying and addressing the emotional reactions of both clients and therapists during the termination process.
- Analysing ethical considerations related to termination, including closure rituals and transitioning clients effectively.
- Analyse the collaborative role of play therapists in working with schools to support children's emotional and behavioral well-being.
- Explain the importance of effective communication and collaboration with teachers, counselors, and school administrators.

By the end of "The Family System" workshop, participants will have gained a comprehensive knowledge of working with the family system in play Therapy. They will be equipped with the knowledge and skills to navigate ethical considerations, effective and culturally sensitive practice in filial play therapy, family play therapy, siblings in play therapy, teens in play therapy, play therapy supervision, and termination in play therapy. This knowledge will empower participants to enhance their practice and provide more impactful and sensitive play therapy interventions for children in their care.

PRESENTER INFORMATION

PRIMARY PRESENTER:

Sarah Harwood: *Director of QIPT, Registered Play Therapist Supervisor, Certified Synergetic Play Therapist, Marriage, Child and Family Therapist.*

Helen Barrett: Registered Play Therapist, Registered social worker, & Certified Syneregtic Play Therapist.

Cell Phone & Email: hello@qipt.com.au +61490232773

Cancellation & refund policy:

- Cancellation requests should be submitted by email to hello@qipt.com.au no later than 7 calendar days prior to the scheduled workshop date in order to receive a full refund of the paid workshop fee. Cancellation and/or rescheduled requests that are submitted after 7 calendar days prior to the scheduled workshop date will result in a refund of the paid workshop fee – with the exception of a \$10 administration fee.
- The Queensland Institute of Play Therapy reserves the right to cancel a workshop due to insufficient enrollment. QIPT will email workshop students at least 5 calendar days in advance of the scheduled workshop date to notify students of the cancellation. Notice will be provided with the option to reschedule for a future course date or to receive a full refund of paid workshop fees.
- QIPT reserves the right to cancel a workshop due to inclement weather, instructor illness or instructor family emergency. If a workshop is cancelled, students will be notified via email prior to the workshop start time. QIPT will notify the students of a reschedule date for the workshop within 10 calendar days of the cancelled workshop. Notice will be provided with the option to reschedule for the future course date or to receive a full refund of the paid workshop fee.

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